

ABOUT US

WHO WE ARE

At Youth Unlimited Edmonton, we believe **every young person deserves to feel heard, valued, and supported** by engaging in wrap-around care. Since 1978, we've been walking alongside vulnerable youth, offering mentorship, safe spaces, holistic care, and opportunities to give back. Our mission is simple but powerful: we desire to see every young person explore their potential, understand their worth, and discover hope. As a faith-based organization, we are inspired by the care and compassion Jesus provided to the vulnerable and marginalized in his community.

"The Cellar is a place where hopes and dreams come together in unison" - Riley, 18

WHAT WE DO

We create welcoming, judgment-free spaces where youth can connect, be themselves, and build meaningful relationships. With four drop-in centres in Edmonton and Elk Point, we provide mentorship, meals, life-skills programs, and social activities. Our programs are designed to meet the unique needs of the each young person we serve. Whether it's sharing a meal, offering a listening ear, or providing opportunities to learn, express and create, we are here to walk with them through life's challenges.

"This place is my home. Void of prejudice, nothing but love" - Andy, 14

WHO WE SERVE

The youth we serve face significant challenges, including poverty, unstable family situations, food insecurity, and mental health struggles. Research shows that nearly **1 out of every 2 youth in Canada report feeling lonely or isolated**, which can have serious effects on their well-being. Many of the young people who come through our doors struggle with anxiety, depression, and a deep sense of disconnection. We know that one of the most powerful ways to build resilience is through positive relationships, and that's why we focus on creating a strong community where every young person feels they belong.

"The Core has helped me defeat crippling loneliness, I don't know what I will do without it."
- Cory, 17

WHY WE SERVE

Loneliness and isolation can be just as damaging as hunger or homelessness. When a young person lacks connection, they are more vulnerable to mental health struggles, poor academic outcomes, unhealthy coping mechanisms, and negative influences. But research shows that just one caring adult can make all the difference in a young person's life. That's why we do what we do. We believe that every young person deserves someone in their corner. At Youth Unlimited Edmonton, we're committed to being that steady, supportive presence, helping young people find healing and a meaningful future.

"There is time for everything, and now is the time to grow and get better" - Kalan, 16

"I really like this place because I feel like I can really just be myself here and feel comfortable in who I am."

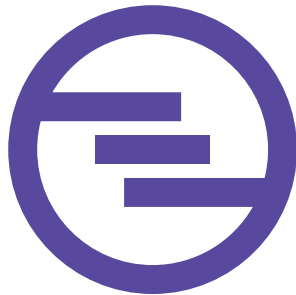
Damon - 15


**YOUTH
CENTRES**

COMMUNITY YOUTH CENTRES

Youth Unlimited is creating safe spaces for teens in Edmonton with our dynamic community youth centres.

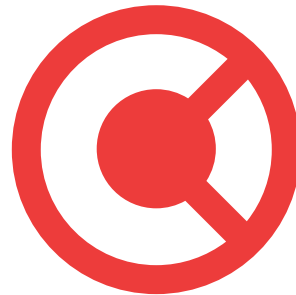
13407 97 Street



The Cellar
YOUTH CENTRE

Fridays:
3:30-6:30pm

7207 28th Ave
(Millwoods Rec Centre, 3rd Floor)



The Core
YOUTH CENTRE

Mondays:
3:30-6:00pm

Wednesdays:
3:00-5:00pm

6505 140 Ave

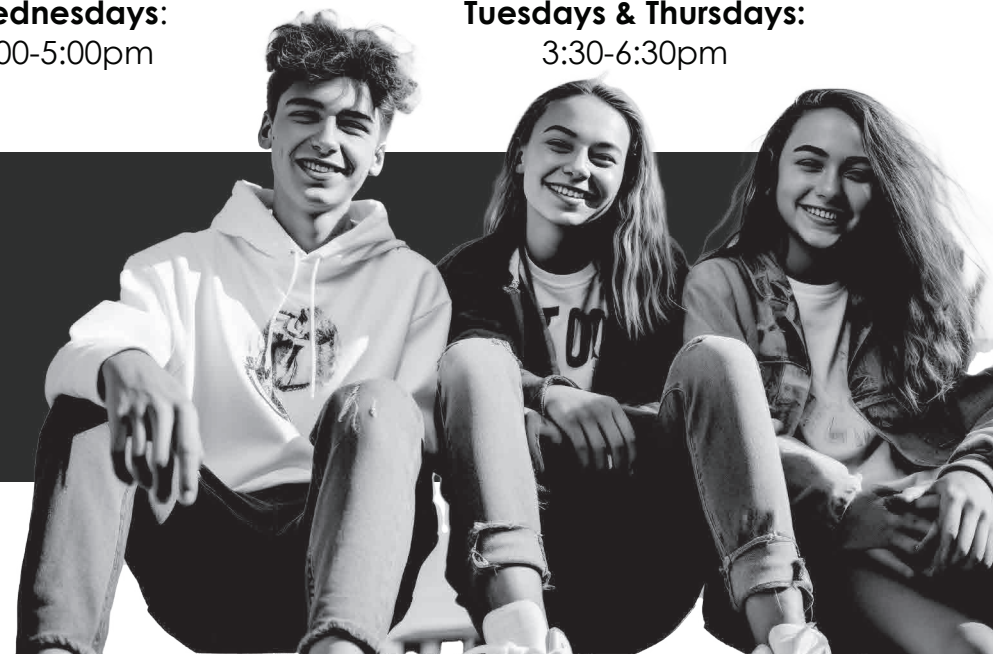


The Vault
YOUTH CENTRE

Tuesdays & Thursdays:
3:30-6:30pm



**VISIT US ONLINE TO
LEARN MORE!**



Box 42051, Millbourne RPO - Edmonton, AB - T6K 4C4